



KANE COUNTY  
MENTAL HEALTH COUNCIL  
*making a difference ...together*

*Message of  
the Month...  
For July 2008*

## Kane County Mental Health Council

- The Association for Individual Development  
630-966-4000
- Aunt Martha's Youth Service Center  
630-859-6562
- Delnor Community Hospital  
630-208-3000
- Ecker Center for Mental Health Services 847-695-0484
- Family Counseling Service of Aurora  
630-844-2662
- Family Service Association of Greater Elgin Area  
847-695-3680
- Gateway Foundation/Aurora  
630-966-7400
- Greater Elgin Family Care Center 847-608-1344
- Kane County Health Department 630-208-3801
- Larkin Center 847-695-5656
- League of Women Voters  
630-365-2138
- Mental Health & Mental Retardation Services, Inc.  
630-892-5456
- National Alliance on Mental Illness, DeKalb, Kane-South, Kendall Counties, Inc. 630-896-6264
- Provena Mercy Medical Center  
630-801-2657
- Provena St. Joseph Hospital  
847-931-5521
- Suicide Prevention Services 630-482-9696
- Senior Services Association  
847-741-0404
- TriCity Family Services  
630-232-1070
- Visiting Nurse Association of Fox Valley 630-978-9835

## What is Domestic Violence?

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.

Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

Domestic violence can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen to couples that are married, living together or who are dating. Domestic violence affects people of all socioeconomic backgrounds and education levels.

Abuse is a pattern of coercive control that one person exercises over another. Battering is a behavior that physically harms, arouses fear, prevents a partner from doing what they wish or forces them to behave in ways they do not want.

Battering includes the use of physical and sexual violence, threats and intimidation, emotional abuse and economic deprivation.

If you feel you may be in an abusive relationship please call your local domestic violence center and talk with someone about it.

### Info Corner

For help in Elgin – Community Crisis Center at (847) 697-2380  
For help in Aurora – Mutual Ground, Inc. at (630) 897-0080  
Or call the National Domestic Violence Hotline at (800) 799-7233  
Or your local police or sheriff at 911